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Write an opinion essay (8-9 classes – 200-300 words).

Topic: Happiness is having a large, loving, caring, close-knit family.

What is your opinion? Do you agree with the statement? Give reasons for your answer and include any relevant examples from your own knowledge or experience.

Use the following plan:

- make an introduction (state the problem paraphrasing the given statement; express your personal opinion);
- give the 1st reason for your opinion, explain it in detail (supporting sentences) and illustrate it by an example;
- give the 2nd reason for your opinion, explain it in detail (supporting sentences) and illustrate it by an example;
- summarize your points briefly and restate your opinion.

Nowadays many people believe that to find true happiness one needs to have a big, loving and caring family. I firmly agree with this statement. In my opinion, having a caring, close-knit family helps to boost self-esteem. Furthermore, having a large and loving family makes life much less stressful.

Being a part of a big and caring family boosts one's confidence and self-love. It makes one feel that they have someone to help and protect them, which leads to a higher level of happiness. For example, in the TV-show "Avatar: the Last Airbender", the main character, Aang, found support in his new-found family, his friends, which made him more confident and happy and helped him save the world.

Being with people who love and care about oneself helps with stress-relief. If one has a close-knit family, it means they always have someone to turn to for a talk after a long, hard day or for help with personal life problems. For instance, I have a very close and caring family and often like to speak to my mother or father if I am not feeling well that day. Such talks boost my mood and make me feel better.

In conclusion, I believe that having a large, loving, caring, close-knit family makes one more confident and helps to deal with stress and anxiety, therefore brings happiness into one's life.